
GUIDES FOR SEXUALITY EDUCATION IN FAITH COMMUNITIES

Many denominations have developed curricula and guides for sexuality education in faith communities.

A few denominations, including the Presbyterian Church (U.S.A.), the United Church of Christ, and the Unitarian Universalist Association, have developed comprehensive lifespan programs for their congregations.

The following annotated list of materials may help congregations plan sexuality education programs. These materials reflect diverse faith perspectives and diverse values, and are not appropriate for use in the public schools or in every faith community.

Inclusion in this list does not imply an endorsement by the Religious Institute on Sexual Morality, Justice, and Healing.

All of these materials are available directly from the publisher. The Religious Institute welcomes information about other sexuality education curricula for faith communities so it can include them in future bibliographies.

Please email us at info@religiousinstitute.org or contact us at: Religious Institute on Sexual Morality Justice, and Healing, 304 Main Avenue, # 335, Norwalk, CT 06851 or on the web at <http://www.religiousinstitute.org>.



American Baptist Churches, U.S.A.

Family Sexuality Education:

A Course for Parents

Joe H. Leonard

This five-unit program is for parents with children between the ages of three and 12. Topics include: “Exploring and Understanding Our Own Sexuality,” “Sexuality Through Childhood,” “Sexuality in the Home,” “Values,” and “Communication Skills.”

1995; \$15; *Judson Publishing*, P.O. Box 851, Valley Forge, PA 19482-0851; Phone: 8001458-3766; Fax: 6101768-2107; Website: <http://www.judsonpress.com>.



Catholic

Benziger Family Life Program,

Grades K–8

Third Edition

Curricula including teachers’ and students’ guides for each grade level, kindergarten through eighth grade. Each grade has its own curriculum consisting of ten lessons that address five themes: “God’s Gift of Family,” “God’s Gift of Self,” “God’s Gift of Life,” “God’s Gift of Sexuality,” and “God’s Gift of Community.” Topics include: anatomy, reproduction, dating, marriage, intercourse, and date rape. A Student Text, Teacher’s Wraparound Edition, Family Connection, and Teacher’s Resource Book are available for each grade. There are also an implementation manual and a video for parents. Online program resources include student games, extra activities, official church

documents, child development information, and frequently asked questions. Call for exact prices.

Benzinger Publishing Company, 15319 Chatsworth Street, P.O. box 9609, Mission Hills, California 91346-9609; Order from Glencoe McGraw-Hill, Phone: 800/442-9685; Web site: <http://www.mhschool.com/benzinger>.

In God's Image: Male and Female

Patricia Martens Miller

A human sexuality program for grades five through eight. Teacher's Manuals, videos, student and parent worksheets, and additional materials are available for each grade. The program has four areas: "Respecting Yourself," "Asserting Yourself," "Informing Yourself," and "Challenging Yourself." There are five units in each area. There is one video and one teacher manual per area, with student/parent worksheets for each of the five units. Materials come in English and Spanish with online updates provided yearly.

1989; Teacher Manual \$10.00 each manual; Call for pricing of additional materials; Flannery Company, 13123 Arrowspace Drive, Victorville, CA 92394; Phone: 800/456-3400; Fax: 800/284-5600; Website: <http://www.flannerycompany.com/Catlgipg2.html>.

Real Life: Living My Faith Every Day, Sexuality Edition

The Real Life series offers nine full-color magazines that cover relevant issues for younger teens. The sexuality edition defines the topic and discusses relationships and responsibility within an abstinence-only framework over the course of five meetings. It includes a facilitator's guide (\$15.96) and student magazine (\$4.77).

1996; Call for current prices; Benzinger Publishing Company, 21600 Oxnard Street, Suite 500, Woodland Hills, California 91367; Order from Glencoe McGraw-Hill, Phone: 800/442-9685; Web site: <http://www.mhschool.com/benzinger>.

Sex and the Teenager: Choices and Decisions

Kieran Sawyer, S.S.N.D.

The twelve session curriculum can be used in high school religious education settings. "The program deals with a variety of topics including: what to do on a date; how to tell the difference between love, infatuation, and exploitation; premarital sex; contraception; abortion; adoption and teen parenting; homosexuality; and setting personal moral limits and holding to them." There are suggestions for use on a retreat including games and music selections.

1999; \$7.95 Participant Book, \$21.95 Leader's Guide; Ave Maria Press, P.O. Box 428, Notre Dame, IN 46556; Phone: 800/282-1865; Fax 800/282-5681; Web site: <http://avemariapress.com>.

Tough Choices: Bringing Moral Issues Home

Sean Lynch and Brian O'Brien

The curriculum covers eleven specific issues with an appendix addressing another nine issues. The issues range from divorce to drug and alcohol abuse to capital punishment; of particular interest are the sections on abortion, homosexuality, sexuality, child abuse and domestic violence. "Though applicable in several different courses and programs, the basic approach is for a teacher, catechist, or youth minister to assign a moral dilemma to be taken home, read, and discussed using the questions that accompany each." Then each student returns ready to discuss the dilemmas. Information is provided on the official church statements as well as contemporary religious readings.

2003; \$16.95; Ave Maria Press, P.O. Box 428, Notre Dame, IN 46556; Phone: 800/282-1865; Fax 800/282-5681; Web site: <http://avemariapress.com>.



Church of the Brethren/Mennonite

Dating: The Art of Respect

Debbie Eisenbise and Lee Krahenbuhl

From the Generation Why Bible Studies, a middle school and high school curriculum that provides role-playing situations in friend, parent, and boy/girlfriend relationships. The main focus is on defining healthy relationships based on scriptural foundations. There are eight sessions: a kick-off activity, six lessons, and a closing or summary session. This curriculum is jointly published by the Mennonite Church and the Church of the Brethren.

1998; \$14.99; *Faith & Life Resources*, 616 Walnut Ave, Scottdale, PA 15683; Phone: 800/245-7894; Fax: 724/887-3111; Web site: <http://mph.org/flr/youth-fastlane.html>.

God's Gift of Sex

Carol Duerksen

From the *Fast Lane Bible Studies* series, this five session course is for junior high students. It follows traditional bible study format with additional skits that address respect for sex role differences, consent, dealing with negative sexual experiences, and how present personal identity affects future sexual happiness. This curriculum is jointly published by the Mennonite Church and the Church of the Brethren.

1998; \$9.99; *Faith & Life Resource*, 616 Walnut Ave/ Scottdale, PA 15683; Phone: 800/245-7894; Fax: 724/887-3111; Web site: <http://www.mph.org/flr/youth-fastlane.html>.

Sex: God's Great Idea

Carol Duerksen

This curriculum consists of seven sessions and is structured around the encounters of two teenagers, Chris and Ali, who interview people

in the Old Testament about their experiences with sexuality. These interviews include Adam and Eve, who remind teenagers that sexuality is a beautiful God-given "design"; Samson and Delilah, whose relationship is used as a lesson in how not to treat a date; and Isaac and Rebekah, newlyweds whose love blossomed with their trust in God.

1994; *out of print*.

Some Body!

Steve Ropp

From the *Fast Lane Bible Studies* series for middle school students, this five-session study helps youth better understand, celebrate and care for their bodies. The units deal with issues of self-esteem, sexuality, physical fitness, and the pressures of alcohol, drugs, and an unhealthy diet from a Biblical perspective. This curriculum is jointly published by the Mennonite Church and the Church of the Brethren.

1998; \$9.99; *Faith & Life Resources*, 616 Walnut Ave, Scottdale, PA 15683; Phone: 800/245-7894; Fax: 724/887-3111; Web site: <http://www.mph.org/flr/youth-fastlane.html>.



Episcopal

Journey to Adulthood

LeadeResources

This is an online curriculum for youth from 6th to 12th grade. Youth progress through three levels: Rite 13, Journey to Adulthood (J2A), and Young Adults in Church (YAC). The youth remain with the same group until senior year. The two-year curriculum cycle includes Sunday school and retreat material, parent meetings, movie lists, service projects and fundraisers. The program offers a comprehensive approach to self-society, spirituality, and sexuality. On

sexuality, the Rite 13 material focuses on gender issues and identity formation, while the high school material focuses on relationships and sexual behavior. The senior high material has two sections titled “Meaningful Is Not Good Enough: How to Decide When to Do It” and “Be Yourself and Stay Alive: Feedback on Sexuality.” The material is usually downloaded but can be mailed on CD.

Updated yearly; \$200 per year (includes resource help); LeaderResources, 38 Mulberry Street Box 302, Leeds, MA 01053-0302; Phone: 800/941-2218; Website: <http://www.leaderresources.org>.



Evangelical Lutheran Church in America

YouthTalk: Sexuality

Youth Talk is a theme-based curriculum for junior high and high school youth. Topics include “Voices & Messages,” “Relationships,” “Real Difficulties,” “Selfesteem,” “Religion,” and “Sexuality.” *Youth Talk: Sexuality* consists of five sessions that help youth understand that sexuality is an ongoing aspect of their lives and to appreciate the goodness of their own sexuality. It addresses gender roles, dating, date rape, AIDS, and attitudes and behaviors.

1994; Leader Guide \$4.99; Student Guide \$5.49; Augsburg Fortress Publishers, 426 South Fifth Street, P.O. Box 1209, Minneapolis, MN 55440-1209; Phone: 800/328-4648; Fax: 612/330-3455; Web site: <http://www.augsburgfortress.org>.

[m]Louie

M Louie is the name of the Lutheran adolescent confirmation resources. *M Louie* comes with leader guides (\$14.99) and student magazines (\$9.99). Each magazine contains fifteen sessions (5 units, 3 sessions each) covering

biblical reflection, catechesis, and a link to media. Two of the magazines-Darius McCrary and Agape-feature the article “Speaking of Sex: What’s Love Got to Do with It?” The website <http://www.mlouie.com> offers leader information and additional student resources.

2000; \$14.99; Augsburg Fortress, P.O. Box 1209, Minneapolis, MN 55440-1209; Phone: 800/328-4648; Website: <http://www.augsburgfortress.org>.



Presbyterian Church (U.S.A.)

The Congregation: A Community of Care and Healing, HIV/AIDS Awareness Resources
Beth Basham, Editor

This 12-session study guide for older adolescents and adults is designed to engage local leaders and congregations in the issues surrounding HIV/AIDS.

1993; \$250; Presbyterian Distribution Service, 100 Witherspoon Street, Louisville, KY 40202-1396; Phone: 800/524-2612; Fax: 502/569-8030; Web site: <http://www.pcusa.org/pcusa/currpub>.

**God’s Gift of Sexuality:
A Study for Young People**

A curriculum for 7th to 12th graders developed jointly by the Presbyterian Church, USA and the Reformed Church in America.

The younger student curriculum establishes fundamentals while the older offers a more in-depth, nuanced view of sexuality. The course for middle school students consists of seven sessions. Topics include anatomy and physiology, puberty, relationships and intimacy, sexual violence, values and decisions, and communication. The course for high school students consists of 11 sessions. Topics include sensuality, intimacy, sexual identity, anatomy and physiology, contraception, sexually transmitted diseases,

parenthood, decision-making, and communication. The curriculum is geared toward supplying information and is activity centered. A separate parent's guide (\$7.95) and youth guide (\$7.95) can be purchased in addition to the leader's guide (\$17.95). In 1999, Presbyterian Church, USA developed *Sexual Abstinence and the Abundant Life*, a supplement supporting abstinence-only education, as a modification to the original curriculum (\$2.98).

1998; Witherspoon Press, 100 Witherspoon Street, Louisville, KY 40202-1396; Phone: 800/524-2612; Fax: 502/569-8030; Website: <http://www.pcusa.org/marketplace>.

God's Plan for Growing Up

Faye Burdick, Editor

This program is designed to assist parents in talking about sexuality with their elementary-age children. It includes a *Leader's Guide*, *Parent's Guide*, *Wonderfully Made*, a book for children in grades 2-3; *Amazing Stuff*, a book for children in grades 4-5; and *Listening In*, an audio cassette.

1996; *Leader's Guide*, \$11.95; *Parent's Guide*, \$6.95; *Wonderfully Made*, \$6.95; *Amazing Stuff*, \$6.95; *Listening In*, \$8.95; *Presbyterian Distribution Service*, 100 Witherspoon Street, Louisville, KY 40202-1396; Phone: 800/524-2612; Fax: 502/569-8030; Web site: <http://www.pcusa.org/pcusalcurrpub>.

In God's Image

Janet Neff Brewer

A book for parents and their children ages 2-5. The large-format picture book for toddlers and preschoolers allows parents or caregivers to comfortably teach the facts and values of sexuality education from a faith perspective. Topics include fetal development, boys and girls body differences, how to stay healthy and safe, how to tell bad touching from good touching and what to do about it, and how to deal with emotions like anger, sadness, and fear. It consists of three resources: *Children's Book*, for

parents to share with their children throughout the early years; *Guide for Parents*, to help parents deal with situations and questions as they teach their children facts and values related to sexuality from a faith perspective; and the *Guide for Congregations*, to suggest ways that churches can support parents as the primary sexuality educators of their children.

1998; *Children's Book* \$7.48; *Guide for Parents* \$3.48; *Guide for Congregations* \$3.48; *Presbyterian Distribution Service*, 100 Witherspoon Street, Louisville, KY 40202-1396; Phone: 800/524-2612; Fax: 502/569-8030; Web site: <http://www.pcusa.org/marketplace>.



Reform Church in America

God's Gift of Sexuality: A Study for Young People

A curriculum for 7th to 12th graders developed jointly by the Presbyterian Church, USA and the Reformed Church in America.

Reference under Presbyterian Church, USA.



Salvation Army

Bridging the Gap Between Youth and Community Services: A Life Skills Education Program

This program consists of 12 sessions and discusses self-respect, physical and emotional development (including sexuality), and information about community resources.

1996; \$20; *The Salvation Army; Social Services Department*, 440 West Nyack Road, West Nyack, NY 10994-1739; Phone: 914/620-7383; Fax: 914/620-7759.



Southern Baptist Convention

The Christian Sex Education Set

This series is designed for parents to use with their pre-adolescent and adolescent children in the home. It includes an orientation session to introduce parents to the material. In addition, it suggests that parents meet in a support group format to discuss issues related to their experiences. This series promotes abstinence, chastity, self-esteem, and self-discipline. It consists of the following books: *Boys and Girls Alike & Different: A Book for Young Children*, *My Body and Me: A Book for Middle-age Children*, *Sex! What's That? Written for Preadolescents*, *Sexuality: God's Gift for Adolescents*, and *Christian Sex Education*.

1993; Complete set, \$39.95 (also available individually), Lifeway Christian Resource, Customer Service Department, P.O. Box 113, Nashville, TN 37202-0113; Phone: 800/458-2772; Fax: 615/251-5933; Web site: <http://www.lifeway.comstores>.

True Love Waits 2001: Pure Joy: God's Formula

An abstinence-only-until marriage campaign for teenagers and college students. Six sessions are designed as an individual study book for personal use or group study. Also available are similar resources: *Sexual Resolutions-True Love Waits Resource Book* (\$3.95), *True Love Waits Takes a Look at Courting, Dating, and Hanging Out* (\$5.95). *True Love Waits Goes Home Manual—2003–2004* (\$14.95) is a leader's guide for use with *True Love Waits* material.

2001; \$4.95 Lifeway Christian Resource, Customer Service Department, P.O. Box 113, Nashville, TN 37202-0113; Phone: 800/458-2772; Fax: 615/251-5933; Web site: <http://www.lifewaystores.com/lwstore>.



Union of American Hebrew Congregations

AIDS: Insights and Strategies A Resource for Religious School and Congregational Program Development *Dr. Betsy Katz and Linda S. Haase*

This HIV/AIDS education resource is targeted at three age groups: kindergarten through third grade, fourth through sixth grade, and seventh grade through high school. It provides congregational activities as well as suggestions for parental involvement. The HIV/AIDS information needs updating.

\$10; UAHC Press, 838 Fifth Avenue, New York, NY 10021; Phone: 888/489-8242; Fax: 212/650-4119; Web site: <http://www.uahc.org>.

KULANU (All of Us) A Program for Congregations Implementing Gay and Lesbian Inclusion *For Union of American Hebrew Congregations*

This manual offers practical suggestions and curriculum content to encourage gay and lesbian inclusion in the Jewish community. Chapters include: "History and Texts," "Steps to Inclusion," "Life-Cycles," "Leadership Training and Education," "(Re)Defining Family and Temple Membership," and "Employment Practices."

1996; \$12; UAHC Press, 838 Fifth Avenue, New York, NY 10021; Phone: 888/489-8242; Fax: 212/650-4119; Web site: <http://www.uahc.org>.

Loving Wisely: Making Responsible Reproductive Choices, A Curriculum for Jewish Teens *For Union for Reform Judaism*

The curriculum was written in preparation for the March on Women's Lives. The curriculum draws on a variety of texts "central to Judaism"

in order to “present a variety of opinions and ideas regarding responsible reproductive choices.” The curriculum contains three ninety-minute sessions focused on ethical decision-making as well as a section for further reading. The interactive curriculum is appropriate for use with high school age youth.

2004; Download at <http://urj.org/pac/education/>; Pennsylvania Council, Philadelphia Federation Union for Reform Judaism, 1511 Walnut Street, Suite 401, Philadelphia, PA 19102; Phone: 800/368-1090; Fax: 215/563-1549.



Unitarian Universalist Association

About Sexual Abuse: A Program for Teens and Young Adults

Fred and Betty Ward

This nine-session program is designed to help individuals understand sexual abuse and abusive behaviors as well as to examine individual attitudes and feelings about this issue and to explore ways of preventing or escaping abusive situations.

1990; \$5; Unitarian Universalist Association, UUA Bookstore, 25 Beacon Street, Boston, MA 02108; Phone: 800/215-9076; Fax: 617/723-4805; Web site: <http://www.uua.org>.

Beyond Pink and Blue: Exploring Our Stereotypes of Sexuality and Gender A Program for Ages 13 to 15

*Tracey Robinson-Harris and
Ritch C. Savin Williams*

This 12-session curriculum is designed to increase adolescents’ awareness of their attitudes, behaviors, emotional reactions, and understanding of gender identity, gender roles, and sexual orientation.

1994; \$20; Unitarian Universalist Association, UUA Bookstore, 25 Beacon Street, Boston, MA 02108; Phone: 800/215-9076; Fax: 617/723-4805; Web site: <http://www.uua.org>.

Our Whole Lives (OWL):

A Lifespan Sexuality Education Series

This is a comprehensive lifespan sexuality education series developed jointly by the Unitarian Universalist Association and the United Church Board for Homeland Ministries.

The series includes: OWL: *Sexuality Education for Kindergarten and First Grade Children*; OWL: *Sexuality Education for Fourth, Fifth, and Sixth Grade Children*; OWL for Children: *Parent’s Guide* (for parents whose children are participating in the above mentioned curricula); OWL: *Sexuality Education for Grades 7-9*; OWL: *Sexuality Education for Senior High Youth*; OWL: *Sexuality Education for Adults*. Each curriculum in the series covers the six concepts outlined by SIECUS’ *Guidelines for Comprehensive Sexuality Education Kindergarten-12th Grade*: human development, relationships, personal skills, sexual behavior, sexual health, and society and culture.

Material for grades K-1 support parents in educating children about birth, babies, bodies and families. Following a Parent Meeting and Parent/Child Orientation, the eight class sessions engage children with stories, songs, and activities.

In grades 4–6, participants address changes during puberty, read *It’s Perfectly Normal*, and examine topics such as values and sexuality, communication and decision-making. Both offer a weekly “Home Link,” a homework project for parents and children to do together.

The junior high and high school curricula include lessons on positive and negative limit-setting, development of moral decision-making, and disability and sexual identity differences.

The adult curriculum and companion volume use “values, communication skills, and spirituality as starting points... [exploring] sexuality issues of interest to adults of all ages. Builds understanding of healthy sexual relationships, affirms diversity and helps participants accept and affirm their own sexuality throughout the life cycle.”

The advocacy guide includes “helpful guidelines for introducing a comprehensive sexuality education program in a faith-based or community setting, working with local school boards and the media, lobbying, and more. Provides case studies, readings on spirituality and sexuality and a useful resource list.” It is developed for use with all levels of *Our Whole Lives*.

Sexuality and Our Faith is a series of five companion resources, one for each of the five age levels of *Our Whole Lives*. *Sexuality and Our Faith* provides a framework for incorporating specific faith-based teaching and practice of the Unitarian Universalist or United Church of Christ into each session of the curriculum.

Call for prices for each level. Unitarian Universalist Association, UUA Bookstore, 25 Beacon Street, Boston, MA 02108; Phone: 800/215-9076; Fax: 617/723-4805; Web site: <http://www.uua.org>.

The Welcoming Congregation Handbook: Resources for Affirming Bisexual, Gay, Lesbian And/Or Transgender People
UUA Office of Bisexual, Gay, Lesbian, and Transgender Concerns

This resource is for congregations struggling to address and solve the problem of homophobia in church communities. Features updated material on the radical right, racism and homophobia, and bisexual and transgender issues. Included are session plans for 14 workshops, readings for participants and a special section on materials for Christian worship.

1999, \$30, *Unitarian Universalist Association, UUA Bookstore, 25 Beacon Street, Boston, MA 02108; Phone: 800/215-9076; Fax: 617/723-4805; Web site: <http://www.uua.org>.*



United Church Of Christ

Affirming Persons-Saving Lives: AIDS Awareness and Prevention Education

William R. Johnson and Cynthia A. Bouman

This curriculum integrates Christian values, Bible study, and theological reflection and prayer into a comprehensive HIV-prevention program. It includes eight learning series for each of the following age groups: Preschool/ Kindergarten (four sessions), Grades 1-2 (four sessions), Grades 3-4 (four sessions), Grades 5-6 (six sessions), Youth (11 core sessions and one optional session), Adults (seven sessions), Parents (three sessions), and Intergenerational (seven sessions). Also included are a teacher's booklet, handouts, teacher's support resources, and two videos.

1993; \$130, *UCC churches, agencies, institutions, or organizations; \$175, other churches and organizations; \$195, individuals; United Church Press, 700 Prospect Avenue, Cleveland, OH 44115-1100; Phone: 800/537-3394; Fax 216/736-3713; Web site: <http://www.ucc.org>.*

Created in God's Image: A Human Sexuality Program for Ministry and Mission

Overview: Faith A. Johnson and Gordon J. Svoboda, II

Leader's Manual: *Eleanor S. Morrison and Melanie Morrison*

Participant's Book: *Melanie Morrison and Eleanor S. Morrison*

A Manual for Ministry in the Congregation: *Mary Ellen Haines and Bill Stackhouse*

This program is written for college age and adults. It consists of 10 sessions and is designed to create an opportunity for a congregation to integrate sexuality issues in its ministry and mission. The resources explore human sexuality from Biblical, theological, and ethical perspectives. Topics include “Sexuality and the Life of the Church,” “Early Sexual Learning in Home,

Church and School,” “Intimacy and Loneliness,” “Moral Agency and Decision Making,” and “Male and Female Sexuality.”

1993; *Available with training; contact Ann Hanson for more information 216/736-3282; Division of the American Missionary Association, United Church Board for Homeland Ministries, 700 Prospect Avenue, Cleveland, OH 44115-1110.*

Creating Compassion: Activities for Understanding HIV/AIDS

Phyllis Vos Wezeman

This activity book is designed for children and adults. It utilizes nine themes: world, nation, state, community, neighborhood, school, congregation, family and self-and employs art forms as teaching methods. Each theme consists of 13 activities that are appropriate for different age groups.

1994; \$15.95; *United Church Press, 700 Prospect Avenue, Cleveland, OH 44115-1100; Phone: 800/537-3394; Fax 216/7363713; Web site: <http://www.ucc.org>.*

Our Whole Lives (OWL): A Lifespan Sexuality Education Series

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Reference under Unitarian Universalist Association.

Preventing Child Sexual Abuse Ages 5-8

Kathryn Goering Reid

Ages 9-12

*Kathryn Goering Reid with
Marie M. Fortune*

These two curricula provide information about sexual abuse and prevention. Age 5–8 curriculum offers 10 sessions while the ages 9–12 curriculum offers 13 sessions to be used

in Sunday school, Vacation Bible School, or youth meeting settings.

1994, *Ages 5-8, \$9.95; 1989, Ages 9-12, \$11.95; United Church Press, 700 Prospect Avenue, Cleveland, OH 44115-1100; Phone: 800/537-3394; Fax 216/736-3713; Web site: <http://www.ucc.org> or <http://www.faithtrustinstitute.org>.*

Sexual Abuse Prevention: A Course of Study for Teenagers Revised and Updated

*Rebecca Voelkel-Haugen and
Marie M. Fortune*

This curriculum for teenagers covers sexual abuse and harassment in six sessions, one and a half hours each, providing information ranging from the facts and myths of sexual assault to media messages about women, men, and relationships.

1996; \$8.95; *United Church Press, 700 Prospect Avenue, Cleveland, OH 44115-1100; Phone: 800/537-3394; Fax: 216/736-3713; Web site: <http://www.ucc.org> or <http://www.faithtrustinstitute.org>.*



The United Methodist Church

Created By God: About Human Sexuality for Older Girls and Boys, Grades 5-6

James H. Ritchie, Jr.

A six-session curriculum for older elementary school children emphasizing a healthy biblical and Christian perspective on human sexuality, values, and relationships. There is also a Leader's Resource Kit, which is a step-by-step guide to planning and implementing the curriculum.

1999; *Leader's Guide \$6.95; Student Book \$3.50; Cokesbury, 201 Eighth Avenue South, P.O. Box 801, Nashville, TN 37202-0801; Phone: 800/672-1789; Fax: 800/445-8189; Web site: <http://www.cokesbury.com>.*

Male and Female: Blessed by God

This curriculum is designed for adolescents in grades 10-12 and their parents. It consists of seven core sessions and four optional sessions. Topics include the Biblical and theological foundations for sexuality, decision-making, relationships, dating, sexuality in the media, sexually explicit materials, sexual abuse, and sexually transmitted diseases.

1989; *out of print*.

Talking with Your Teen: Conversations For Life

Lynn Hutton

One of six chapters focuses on communicating and discussing sexuality with your teen. The section on sexuality can be a helpful addition to youth curricula that do not include a parent section. The curriculum as a whole is a good parent education tool. It includes a leader's guide (\$10.00) and individual workbooks (\$6.00).

1999; Abingdon Press, 201 Eighth Avenue South, P.O. Box 801, Nashville, TN 37202-0801; Phone: 800/251-3320; Fax: 800/836-7802; Web site: <http://www.abingdonpress.org>.

To the Point: Confronting Youth Issues/AIDS

Diane L. Hynson, Editor Carmen M. Gaud

This resource offers practical ways to talk to teens and adults about AIDS in a biblical and theological context. It consists of five sessions as well as teacher background information. A Spanish section is also included. The HIV/AIDS information needs updating.

1993; \$9.95; Cokesbury, 201 Eighth Avenue South, P.O. Box 801, Nashville, TN 37202-0801; Phone: 800/672-1789; Fax: 800/445-8189; Web site: <http://www.cokesbury.org>.



Multifaith

Breaking the Silence: A Faith Based Model for Adult Dialogue on Sex and Sexuality *Black Church Initiative of the Religious Coalition for Reproductive Choice*

A faith-based sexuality education model developed to help adults better address sex and sexuality to assist teens in making healthy life choices. The goal of the nine session programs is to help participants increase their comfort level talking about sex with teens. The curriculum package includes a leader's guide, training modules, bulletin announcements, glossary of terms, information on pregnancy prevention, HIV/AIDS resources, technical assistance, and an extensive biography.

2004; *Free, when trained to facilitate curriculum*; Religious Coalition for Reproductive Choice, 1025 Vermont Avenue, N.W., Suite 1130, Washington, D.C. 20005; Phone: 202/628-7700; Web site: http://www.rcrc.org/get_involved/black_church_initiative/index.htm.

Challenging Myself, Deepening My Faith A Multifaith Curriculum Countering Homophobia

Terri Casey, Editor

This curriculum targeted at adolescents and adults explores attitudes and points of view from different faith perspectives. It consists of four sessions: Christian, Jewish, Buddhist, as well as nondenominational attitudes and points of view about homophobia. A video is included.

1997; \$20; Multifaith AIDS Project, 1729 Harvard Avenue, Seattle, WA 98122; Phone: 206/324-1520; Fax: 206/324-1128; Web site: <http://www.multifaith.org>.

**Good Sex:
A Whole-Person Approach
to Teenage Sexuality & God**

Jim Hancock and Kara Eckmann Powell

A non-denominational Christian-based high school sexuality program. In seven sessions, the curriculum covers communication, sexual identity, intimacy, desire, boundaries, and responsibility. The package includes a leader's guide, with assistance in setting up parent meetings and supplemental activities, plus a student journal and video series (\$44.99). Additional discussion starters can be purchased (\$11.99). This curriculum engages popular culture, uses realistic skits, and provides solid reflection activities.

2001; *Youth Specialties Books, Zondervan Publisher, 5300 Patterson, S.E., Grand Rapids, MI 49530; Phone: 800/776-8008; Website: <http://shop.gospelcom.net/cgi-bin/YouthSpecialties.storefront>.*

**Keeping It Real:
A Faith-Based Model for
Teen Dialog on Sex and Sexuality**

This is a seven session program for high school teenagers developed by The Black Church Initiative of the Religious Coalition for Reproductive Choice. It consists of a facilitator's guide and a teen activity book. The material deals with popular culture, relationships with others, and defining one's personal identity amidst current real life pressures. This curriculum incorporates direct discussion of racial issues.

2000; *Free, when trained to facilitate curriculum; Religious Coalition for Reproductive Choice, 1025 Vermont Avenue, N.W., Suite 1130, Washington, D.C. 20005; Phone: 202/628-7700; Web site: http://www.rcrc.org/get_involved/black_church_initiative/index.htm.*

**Let's Be Real: Honest Discussions
about Faith and Sexuality**

*Duane A. Ewers and M. Stevens Games,
Editors*

A non-denominational Christian curriculum designed for adolescents in middle school and high school. It consists of six sessions: anatomy, decision-making, relationships, contraception and sexually transmitted diseases, as well as media and culture. A parent resource, "Let's Listen Series," is included along with a "Let's Talk" student book. The curriculum is divided by ages for audiences from 6th through 12th grade with a learning sequence chart that helps leaders understand developmental needs.

1998; \$20.00; *Abingdon Press, 201 Eighth Avenue South, P.O. Box 801, Nashville, TN 37202-0801; Phone: 800/251-3320; Fax: 800/836-7802; Web site: <http://www.abingdonpress.org>.*

Love—All That and More

A program for high school and college youth, it includes a six-session curriculum and three videos, as well as separate facilitators' guides for Jewish and Christian youth. The material focuses on developing healthy relationships that value mutual equality and respect as well as help teens recognize abusive relationships.

2000; \$285; *Faith Trust Institute, 2400 N. 45th Street, Suite 10, Seattle, Washington, 98103; Phone: 206/634-1903 or 877/860-2255, Web Site: <http://www.faithtrustinstitute.org>.*

Sexuality

Kelli B. Trujillo, Editor

The curriculum is part of the senior high Bible study *Faith 4 Life* series. The bible based

approach is reinforced using games, group discussion exercises, and Bible text/story searches. Leaders are provided with “before the study” preparation outlines. This study promotes abstinence-only. The four sessions focus on “how to define sex,” “deal with temptation,” “understanding sexual identity,” and “responding to sexual victimization.”

2003; \$9.99; *Group Publishing Inc.*, P.O. Box 481, Loveland, CO, 80539; Phone: 800/447-1070; Fax: 970/292-4373; Web site: <http://www.grouppublishing.com>

Unmasking Sexual Con Games: Helping Teens Identify Good and Bad Relationships

Ron Herron and Kathleen M. Sorensen

This five-session curriculum is targeted to middle school and high school youth. It helps them to learn to identify and deal with sexual harassment and abuse.

1997; *Leader's Guide*, \$29.95; *Student Guide*, \$4.50; *Parent Guide*, \$8.95; *Boys Town Press*, 14100 Crawford Street, Boys Town, NE 68010; Phone: 800/282-6657; Fax: 402/493-1310; Web site: <http://www.ffbh.boystown.org>.